You can do anything you set your mind to.

The only limits are the ones you create for yourself.

Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle.

Go for it. Don't let fear hold you back. You have the strength and the courage to overcome anything.

Set goals and work towards them. Stay focused and determined. You can achieve anything you set your mind to.
You're breathing. You eat and drink, you sleep. You talk and laugh. You move your arms and legs. You think and feel. You love and hate. You understand and you're understood. You're a part of this world, and this world is a part of you. You're connected to everything around you, and everything around you is connected to you.
The text is not legible due to the handwriting style. It appears to be a personal letter or note, but the content is not clear enough to transcribe accurately.
Når man fuldende i da kendte at foreløbigt
vidtide, at Religionsvæsenet kan.

Man kunne gerne være i det

Men

Jeg

jeg

det

jeg

det

jeg

det

jeg

det